

# Song For The Life.

Choreographer Daniel Trepas den Turk & Wendy Meesters  
Level Intermediate Waltz  
1 wall line dance  
Counts Part A: 48 counts - Part B: 12 counts  
Music Song for the Life, by Alan Jackson  
Sequence: AABAABAABAA

## Part A

### Step fwd, full turn left, step fwd, basic fwd.

1 LF Step forward  
2 RF Make a full turn left  
3 LF Step forward  
4 RF Step forward  
5 LF Step next RF  
6 RF Step in place

### Diagonally steps fwd, balance step, diagonally steps backw., rondé.

1 LF Step diagonally to the right  
2 RF Step diagonally to the right  
3 LF Lift your left leg backwards and spread your arms  
4 LF Step diagonally backwards  
5 RF Step diagonally backwards  
6 LF Rondé with LF from front to back

### Behind, full turn, diagonal step, arm movement.

1 LF Step behind RF  
2 RF 1/4 turn right, step RF fwd  
3 LF 1/2 turn right, close LF by RF  
& RF 1/4 turn right, step RF to right side  
4 LF Step diagonally fwd to right start arm movement  
5 Hold and continue arm movement  
6 RF Finish arm movement and recover weight

### Diagonal step, 3/8 turn right, together, left twinkle.

1 LF Step diagonally backwards  
2 RF 3/8 turn right, step RF to right side  
& LF Step next to RF  
3 RF Step to right side  
4 LF Step diagonally fwd in front of RF  
5 RF Step diagonally fwd right  
6 LF Step diagonally fwd left

### Right twinkle 1/2 turn left with sweep and hitch

1 RF Step diagonally fwd in front of LF  
2 LF Step diagonally fwd left  
3 RF Step diagonally fwd right  
4 LF Step diagonally fwd right  
5 LF 1/2 turn left on LF, a sweep with RF  
6 RF Hitch right knee

### Right and left twinkle backwards.

1 RF Step diagonally backwards behind LF  
2 LF Step diagonally backwards to left  
3 RF Step diagonally backwards to right  
4 LF Step diagonally backwards behind RF  
5 RF Step diagonally backwards to right  
6 LF Step diagonally backwards to left

### Step backwards, 3/8 turn left, cross, unwind full turn, 3/8 turn right.

1 RF Step diagonally backwards to left  
2 LF 3/8 turn left, step LF fwd  
3 RF Lock RF behind LF  
4-5 Unwind full turn right  
6 RF 3/8 turn right, bring RF fwd

### Steps diagonally fwd, brush, basic back.

1 RF Step fwd diagonally to right  
2 LF Step fwd diagonally to right  
3 RF Brush and lift right leg  
4 RF Step diagonally backwards to left  
5 LF Step to left side  
6 RF Step in place

## Part B

### Step fwd, full turn left, down on your knee.

1 LF Step forward  
2 RF Make a full turn left  
3 LF Step forward  
4-5-6 Go down on your right knee

### Coming up, step, 1/2 turn right, step.

1-2-3 Coming up, on count 3 turn 1/2 right, keep weight on LF  
4 RF Step forward  
5 LF Step forward and make 1/2 turn right  
6 RF Step forward