

## Cruz

Choreographers: Tom Mickers, Roy Verdonk (NL)

2-wall line dance

64 counts

Level: novice/intermediate

Music: Sing-Snoop Doggy Dog, feat Charly Wilson and Justin Timberlake.

N.B. Dance starts facing 12 o'clock

No tags, no restarts.

### Touch side together, step side, touch front/side/together, step side, touch back.

1-2 LF touch left side, LF touch together next to RF.

3-4 LF step to left side, RF touch in front of LF.

5-6 RF touch to right side, RF touch next to LF.

7-8 RF step to right side, LF touch behind RF.

### ½ turn left swivel back/forward(2x)

1- Make ¼ turn left on ball of LF, whilst stepping LF whilst stepping LF forward (9 o'clock)

2- make ¼ turn left on ball of LF, whilst stepping RF to right side (towards 9 o'clock, facing 6 o'clock)

3- LF touch behind RF, whilst swivelling heels together.

&- swivel both heels out.

4- LF touch in front of RF, whilst swivelling heels together.

&- swivel both heels out.

Count 5-8&, repeat counts 1-4& (end facing 12 o'clock again)

### V-step (with arm movements), heel taps forward(2x), toe touches back(2x)

(whit arm movemenst).

1-2 LF step out diagonally (10.30 o'clock), RF step out diagonally (1.30 o'clock)

3-4 LF step back to center again, RF touch next to LF

5-6 RF touch heels diagonally forward (1.30 o'clock)

7-8 RF touch toes diagonally backward (7.30 o'clock)

### Optional arm movements

V-step: make a fly-catching arm movement with opposite arm, whilst doing, V-step.

Heel touches diagonally forward: Make volleyball arm movement-high on 'the heel touches' (2x).

Toe touches diagonally backward: Make pulling action with fists underneath your armpits whilst doing toe touches back.

### Heel toe struts forward (2x), heel toe struts out/out (2x)

1-2 step right heel forward, lower toes (whilst grounding body downwards)

3-4 step left heel forward, lower toes (whilst grounding body downwards)

5-6 step left heel out to left side, lower toes (whilst grounding body downwards)

7-8 step left heel out to left side, lower toes (whilst grounding body downwards)

(end with feet shoulder with apart, facing 12 o'clock)

### Shoulder rolls (R,L), rolling vine to right with kick ball touch.

1-2 Bring weight on to ball of RF, lower right heel, whilst rolling right shoulder back over 2 counts.

3-4 repeat counts 1-2, now starting with LF.

5- Make ¼ turn right on ball of LF whilst stepping RF forward (3 o'clock)

6- Make ½ turn on ball of RF whilst stepping LF backwards (3 o'clock)

&- Make ¼ turn right on ball of LF, (end facing 12 o'clock)

7- RF kick forwards

&- RF step in place

8- LF touch to left side

### Shoulder rolls (4x), drag with shoulderpops.

1-2 Bringing weight on to ball of LF, lower left heel, whilst rolling left shoulder back over 2 counts (feet shoulder with apart)

3-4 repeat counts 1-2, now starting with RF.

5&6& repeat counts 1 to 4 in double tempo

7- LF step to left side

&8 drag RF next to LF (weight remains on LF), whilst doing shoulderdrugs (L,R,L)

### Flick, brush, side, hole, toe swivel(2x)

1- flick right heel behind left knee

& 2 brush RF next to LF (&) RF step to right side

3- Hold

& swivel right toes right, whilst looking to right.

4- Swivel right heels back to center, whilst looking forward. (shift weight on to RF)

Counts 5-8, repeat counts 1-4, but now starting with LF (end with weight on LF)

### Kneepops with ½ turn left, rock F/B on feet

1- pop right knee in front of left leg.

2- Make ¼ turn left on ball of LF, whilst taking weight on RF and popping left knee in front of right leg (facing 9 o'clock)

Counts 3-4, repeating counts 1-2 (end facing 6 o'clock)

5- rock back on heel of feet, whilst pushing knees forward

6- rock back of heel of feet, whilst straightening your legs

counts 7-8, repeating counts 5-6