

# Shake Your Groove Thing

Choreographer: Roy Verdonk  
Level: Novice  
Type: 4 wall line dance  
Counts: 32 counts  
Music: Shake Your Groove Thing, by Peaches & Herb.

## Walks forward, sailor point with ¼ turn right, hip rolls right and left.

1 RF Step forward  
2 LF Step forward  
3 RF Cross behind LF and make ¼ turn right  
& LF Small step to the left side  
4 RF Point to the right side  
5-6 Roll hips to the right  
7-8 Roll hips to the left

## Kickball cross, toe-heel, ¼ turn right with flick, shuffle forward, ½ turn left with sweep, touch.

1 RF Kick forward  
& RF Step together  
2 LF Cross over RF  
3 RF Touch with toe next to LF, heel out  
& RF Touch with heel next to LF, toe out  
4 RF Step ¼ turn right and flick LF backwards  
5 LF Step forward  
& RF Step together  
6 LF Step forward  
7 LF Make on LF ½ turn left and sweep RF till next to LF  
8 RF Touch next to LF

## Hip bumps up and down, sailorstep, cross unwind.

1 RF Step to the right side and bump hips up to the right  
& Hips back  
2 Bump hips down to the right  
& Hips back  
3 Bump hips up to the right  
& Hips back  
4 Bump hips down to the right, weight on RF  
5 LF Cross behind RF  
& RF Small step to the right side  
6 LF Small step to the left side  
7 RF Lock behind LF  
8 Unwind ½ turn right

## Toe-heel swivels, right and left, jazzbox with ¼ turn right.

1 Swivel to the right  
2 Swivel back  
3 Swivel to the left  
4 Swivel back  
5 RF Cross over LF  
6 LF Step behind  
7 RF ¼ turn right and step to the right side  
8 LF Step together.

Start again and have fun