

WHEN YOU GET TORE UP. (a.k.a. All Jacked Up)

32 COUNT 4 WALL LINEDANCE, Beg

Choreographer: ROY VERDONK (Ned) Sept 2006

Music: All Jacked Up by Gretchen Wilson, 190 Bpm. (Fade out 2 min 38 secs.)

Fwd. Toe Struts Rf - Lf with Rocking Chair, X2

1&2& Touch R toe fwd, step onto R heel, touch L toe fwd, step onto L heel

3&4& Rock fwd. on Rf recover onto Lf, Rock back on Rf recover onto Lf.

5&6&7&8&, Repeat, 1&2&3&4&

Step fwd pivot ½ turn L, 2 walks fwd, Side rock & cross x2

1-2 Step fwd on Rf, pivot ½ turn left

3-4 Walk fwd Rf – Lf

5&6 Rock Rf to right, recover onto Lf, cross Rf over Lf

7&8 Rock Lf to left, recover onto Rf, cross Lf over Rf.

Chasse R with sways, Chasse L with sways

1&2 Step Rf to right, close Lf to Rf, step Rf to right,

3-4 Sway hips Left – Right.

5&6 Step Lf to left, close Rf to Lf, step Lf to left,

7-8 Sway hips Right – Left.

Strutting Jazz Box (wide) with 1/4 turn R, Out Out hold, In In hold.

1&2& Touch R toe over Lf, step onto R heel, touch L toe back, step onto L heel,

3&4 Making a ¼ turn R touch R toe fwd, step onto R heel, Lf step next to Rf.

&5-6 Jump slightly fwd Rf – Lf (feet apart) – Hold,

&7-8 Jump back into place Rf – Lf (feet together) – Hold.